

# Cherry Fest 10K/5K/1K Walk/Run

# Presented by Julie's Fitness Studio



## 10K/5K RUN/WALK & 1K KIDS FUN RUN

**Friday, JUNE 7TH, 2019** Race day registration: opens at 5:30pm

## Benefitting Nature's Nursery 1K Kids Fun Run at 6:30pm 10K/5K Run/walk at 7:00pm

Course: The fourth annual Julie's Fitness Studio 10K/5K is a run/walk & 1K kids fun run to

benefit Nature's Nursery. This newly designed course will wind through the Blue Creek

Conservation Area / Nona France Park, past some of Whitehouse's farm country, then finishing through the center of downtown Whitehouse. The course remains flat and fast.

#### Awards:

- 10K/5K- Masters male/female (40+), 10K/5K overall male/female, 10K/5K- top 3 finishers in each age category will receive a medal
- NO DUPLICATION OF AWARDS
- Door prize raffles.....Nature's Nursery is also looking for donations of paper towels, canned cat food (meat/puree), baby food, shelled pecans or almonds (unsalted) and dry cat food. For every item donated you will receive another ticket to be entered into our raffle after the race.
- All 1K finishers receive a medal

#### **Shirts and Refreshments:**

- All pre-registered participants get a t-shirt. A limited number of shirts will be available on race day.
- Refreshments will be provided post race.

#### Entry Fees:

- 10K/5K early bird entry fee postmarked or online by May 26<sup>th</sup> 2019 **\$25 with t-shirt**
- 10K/5K race day late entry postmarked or online May 27<sup>th</sup> 2019 June 7<sup>th</sup> 2019 \$30 no shirt guarantee
- 1K kid entry fee postmark or online by June7th<sup>th</sup> 2019 **\$5 no shirts**
- Entry fees payable to Julie's Fitness Studio and can be mailed to:
  - Julie Westenfelder
    - 2332 Willesden Green Rd
  - Toledo, Ohio 43617
- ONLINE Registration at davesraces.com until June 7th, 2019 (service fees apply)

#### **Questions:**

- Email: juliesfitstudio@gmail.com
- Packet pick-up will be Thursday, June 6<sup>th</sup> from 5:30-7:00pm at Dave's Running in Perrysburg.
- A portion of all proceeds will go towards Nature's Nursery

Cut here- Entry form may be photocopied- please print legibly

Name:	Phone Number:	
Address:	City/State/Zip:	
Sex: (Circle) M F Age:	Date of Birth:	
Shirt Size: (circle) XS S M L XL 2XL	Amount Enclosed:	

Email Address:

In consideration of your acceptance of this entry, I hereby for myself, my heirs, executors and administrators waive and release all rights for claims and damages I might have against the Race director, the Village of Whitehouse, The Anthony Wayne Regional Chamber of Commerce, The Cherry Fest, Julie's Fitness Studio, sponsors, and all related parties for any injury or damage resulting from participating in the above event. I am in proper physical condition to participate in this event.



(Parent or Guardian if under age 18) Date: \_\_\_\_\_



